



SUSFANS – Where does the project stand?

Metrics, models and foresight for sustainable food and nutrition security in Europe

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4th meeting, Stakeholder Core Group, Amsterdam Airport Schiphol, 5-6 June 2018





Interdisciplinary research on metrics, models and foresight for sustainable food and nutrition security in Europe

Working with partners towards EU food systems for health, environment and enterprise...

...By delivering high-quality research on metrics, models and foresight to support evidence-based policies and innovation strategies for a sustainable and food and nutrition secure EU.



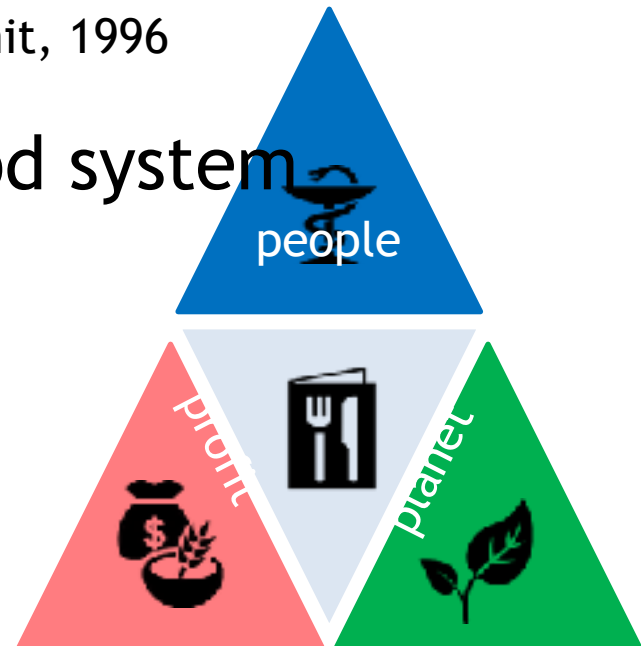
European *sustainable* food and nutrition security

Food and nutrition security in EU

World Food Summit, 1996

+

Sustainable food system





EU Sustainable food & nutrition security - food system public goods and “bads”

**20-75% of cancers
is attributable to diet**

(WCRF, 1997)

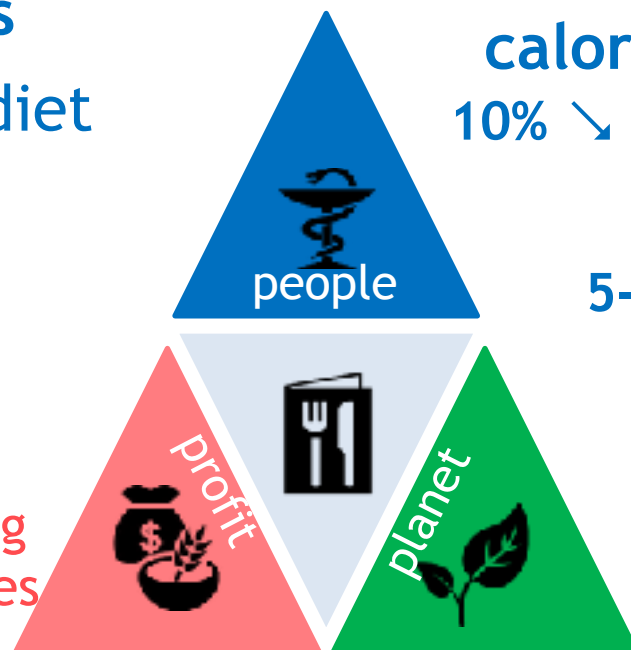
Growth & jobs

In EU MS farms, fishing
& food/drink industries
contribute

5-15% of GDP;

1-30% of jobs

(Eurostat 2015)



Burden of malnutrition: calorie deficiency (in NMS)

10% ↘ fruits & vegetables, ↗ salts

8% underweight (children)

(Lim, 2010)

5-7% of pop. undernourished

(IFPRI, 2014; Cockx et al. 2015)

**Climate change,
polluted air & water,
biodiversity, food
loss**

**15-28% of total GHGe is
attributable to food supply**





SUSFANS research objective

«To build the conceptual framework, the evidence base and **analytical tools**

for underpinning EU-wide food policies with respect to their impact on **consumer diets and their implications**

for nutrition and public health in the EU, the environment, the competitiveness of the EU agri-food sectors, and global food and nutrition security»



Leverage points (working hypotheses)

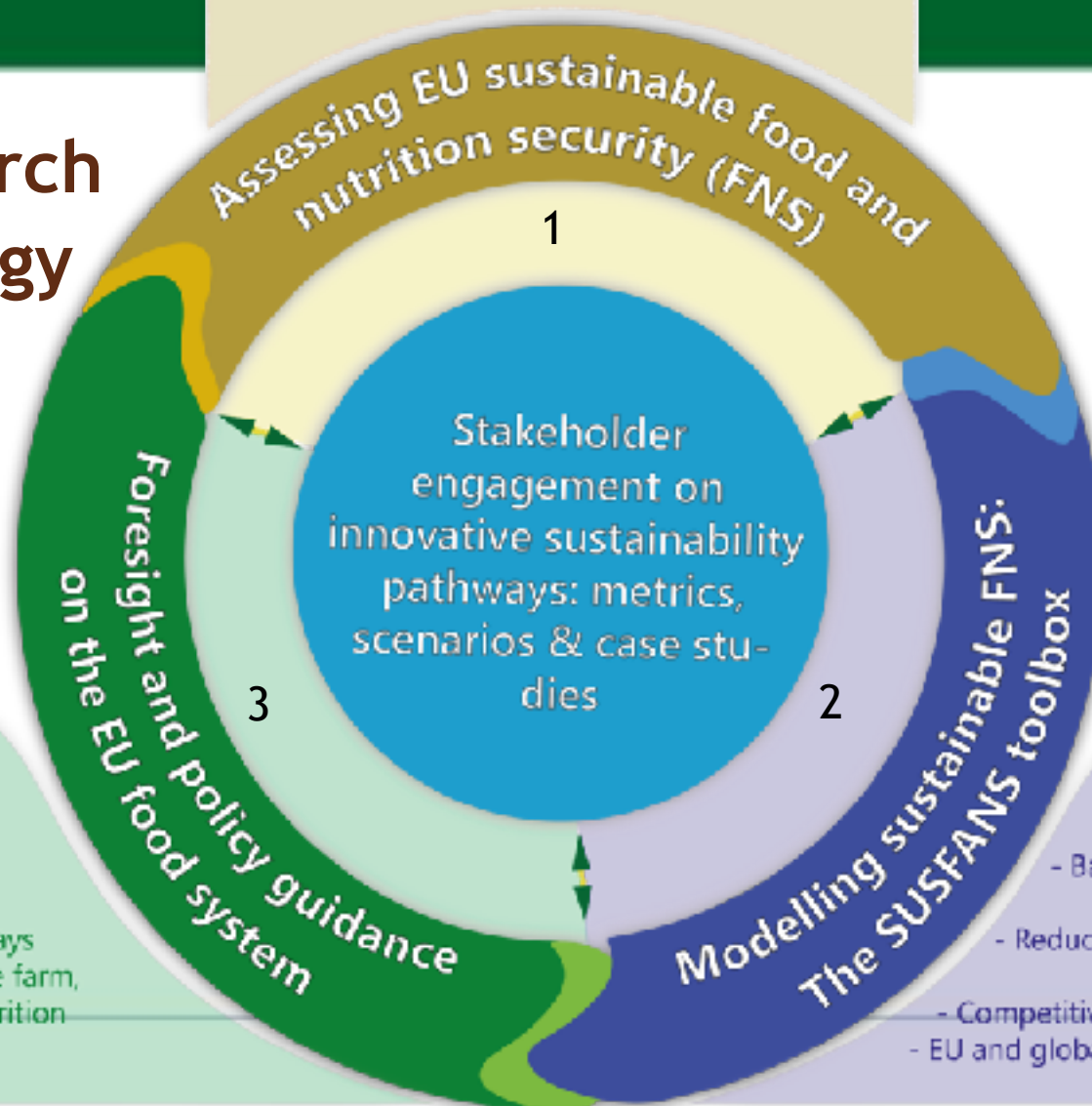
- Strengthening **EU food and nutrition security** requires more sustainable food consumption and production
- Consumer diets a pivotal tool - a shared responsibility!
- Impact of **consumer choice & diets** on society \leftrightarrow decisions along entire food value chain
- **Innovation and policy** reform drive societal change
- Need analytical **tools** to inform debate



- Defining performance metrics for sustainable food and nutrition (FNS) in the EU
- Understanding drivers of EU diets and food production systems

Research Strategy

&



3 “Pillars”
1. Assessing
2. Modelling
3. Foresight policy

Future scenarios for EU diets and food systems

- Case studies on innovation pathways
- Underpinning EU-wide farm, fish, food and nutrition policies

Models and tools for quantifying metrics on:

- Balanced and sufficient diet for EU citizens
- Reduction of environmental impacts
- Competitive EU agri-food business
- EU and global food and nutrition security



SUSFANS Research Consortium (2015-2019)



WAGENINGEN
UNIVERSITY & RESEARCH



INRA
SCIENCE & IMPACT



International Institute for
Applied Systems Analysis

Danmarks
Tekniske Universitet



ILSI
Europe



crea
Consiglio per la ricerca in agricoltura
e l'analisi dell'economia agraria



National
Taiwan
University



Grant no. 633692 under H2020-SFS-19A (Societal challenge 2)





Project Advisory Board

- Jacqueline Broerse (Athena Institute, VU Amsterdam)
- Karen Cooper (Nestlé and FReSH / WBCSD)
- John Ingram (University of Oxford, UK)
- Monique Raats (University of Surrey, UK)



State of play



Project phases & stakeholder dialogue

FINAL workshop
Validate & disseminate the SUSFANS toolbox

END
March 2019

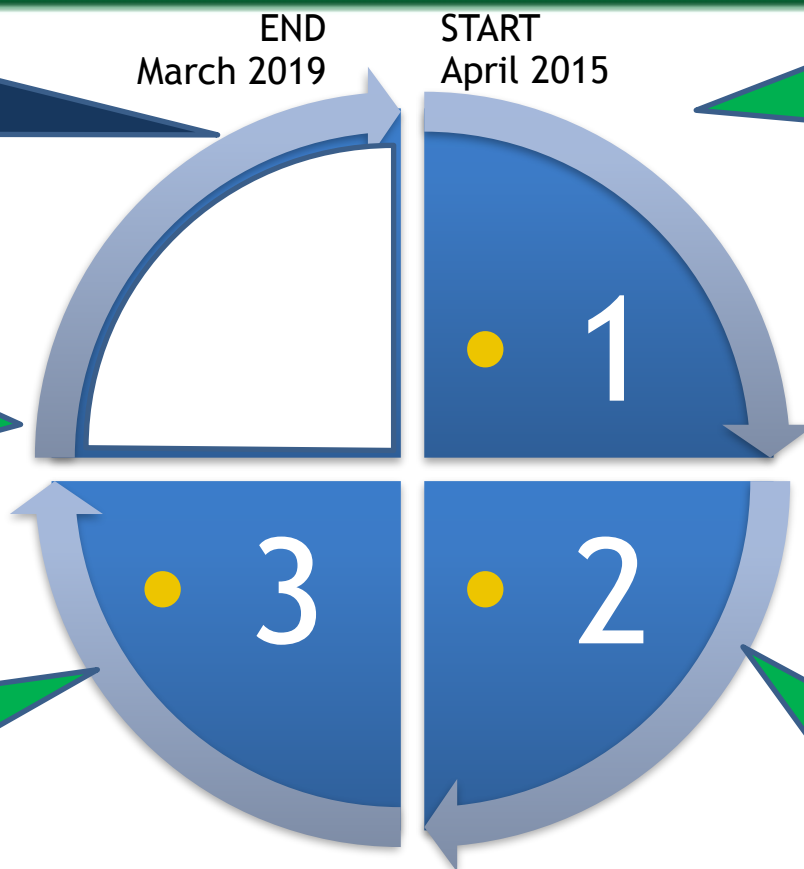
START
April 2015

1st workshop
October 2015
Scoping

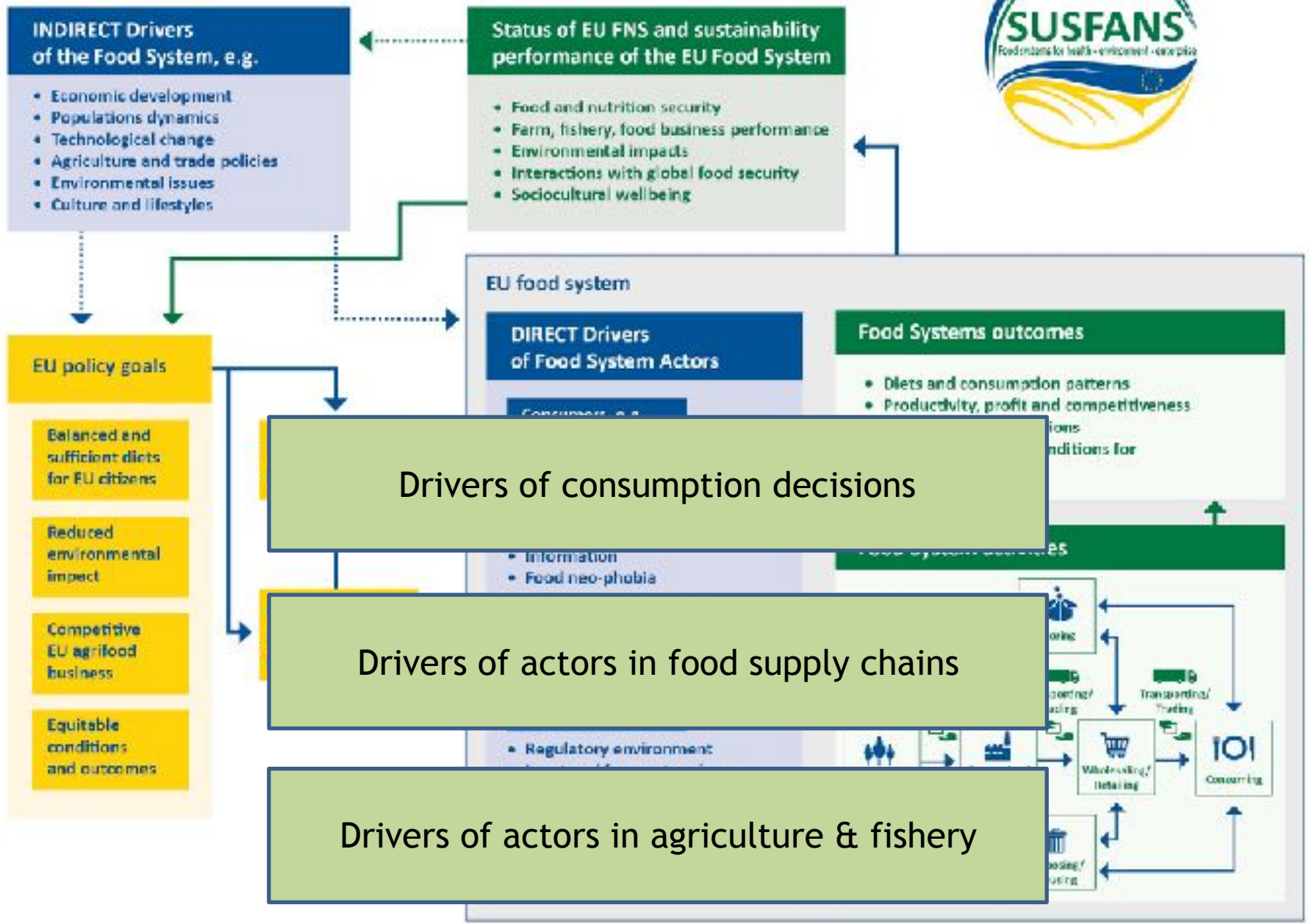
4th workshop
Spring 2018
Test
(Fruit & Vegetables)

3rd workshop
September 2017
Test
(animal source food)

2nd stakeholder core group workshop
27-28 October 2016
Review metrics



SUSFANS Conceptual Framework for Assessing EU Sustainable FNS

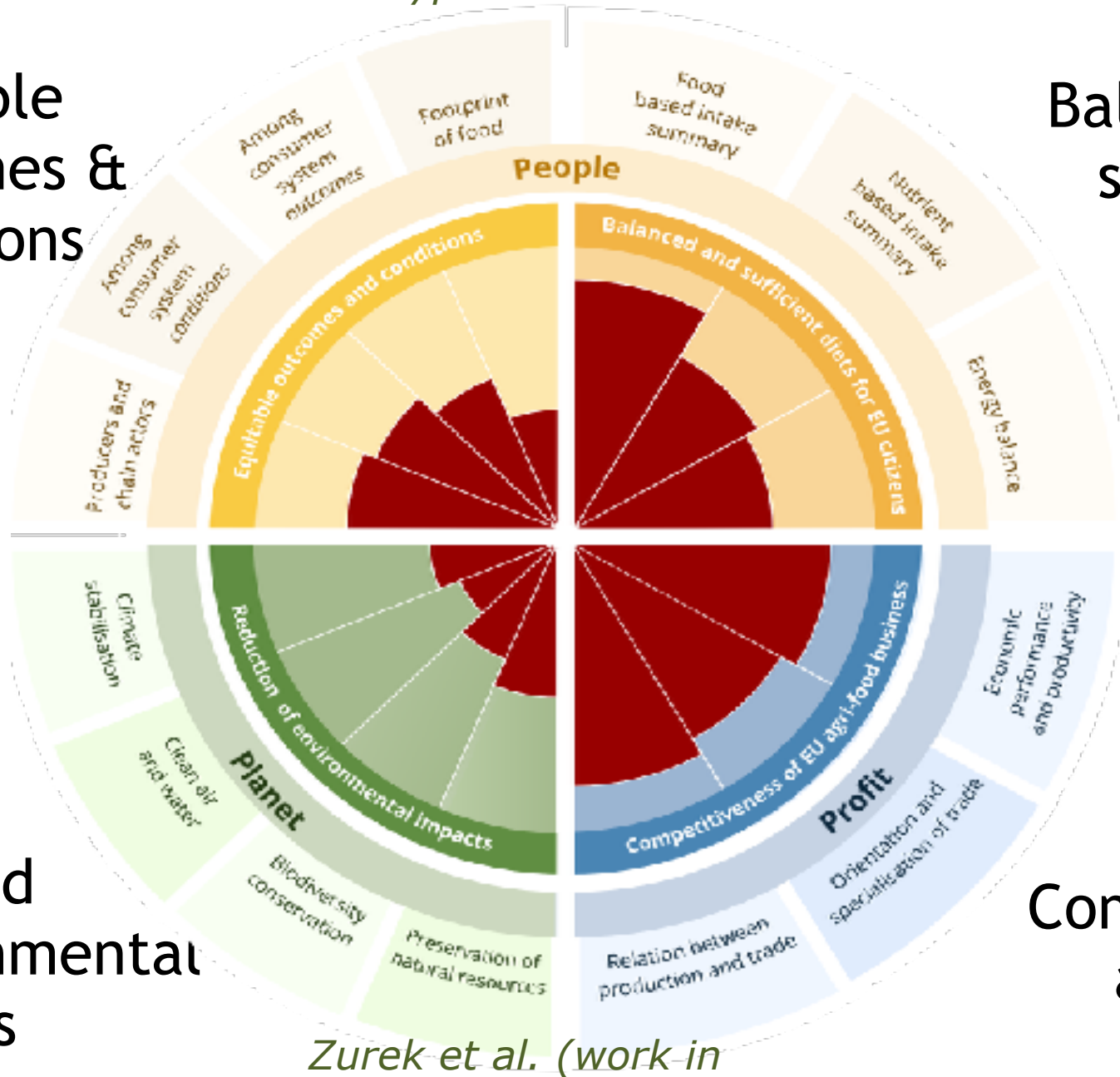


SUSFANS performance metrics for EU food systems

Note: hypothetical assessment

Equitable
outcomes &
conditions

Balanced &
sufficient
diets



Reduced
environmental
impacts

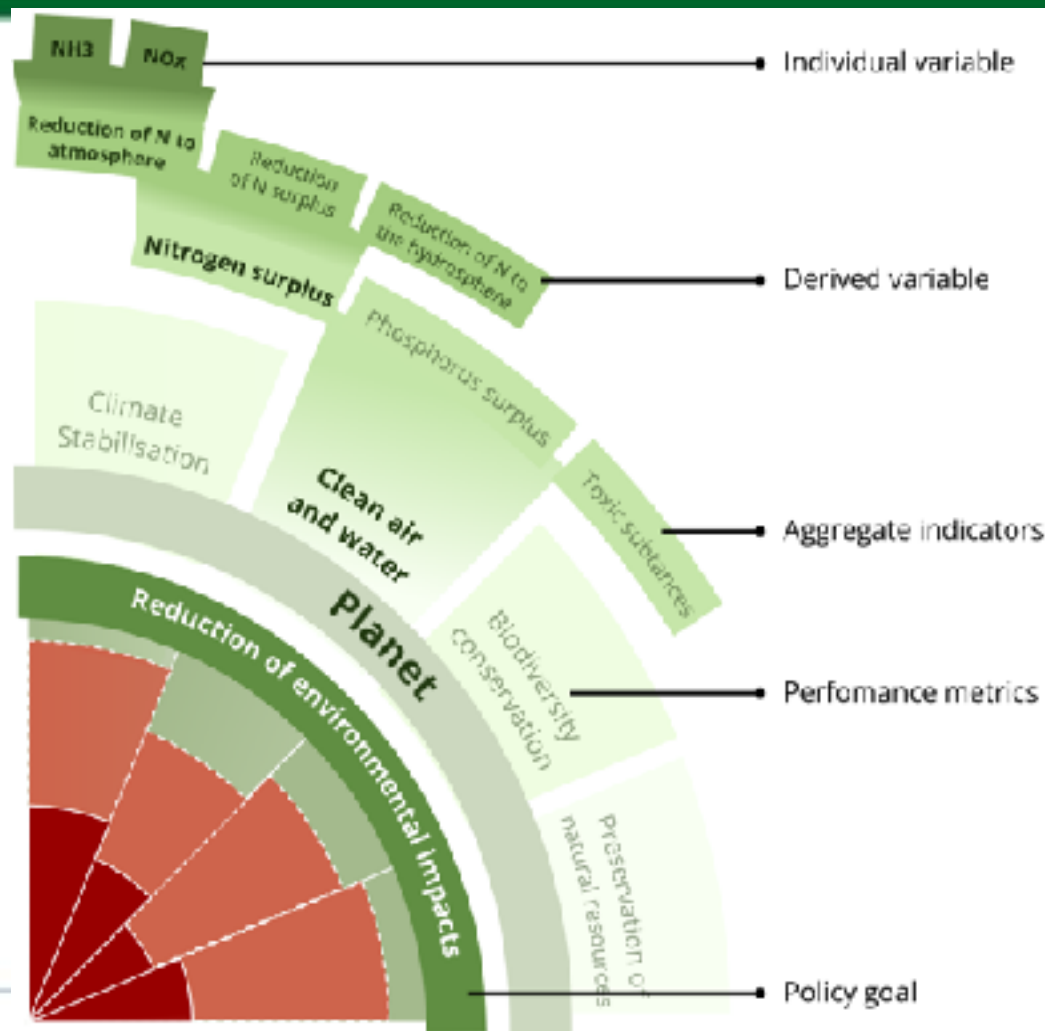
Competitive
agri-food
business

Zurek et al. (work-in

Metrics for goals and sub-goals of EU sustainable FNS

Hierarchical approach to building performance metrics out of individual indicators, depicted in the SUSFANS SFNS-impact visualizer

Zurek et al. (2018)



Models in the SUSFANS box

Macro-economy

MAGNET
Complete
economy
Income effects
Long run
Global, countries

Diet & health

SHARP
Product detail
Specific diet needs
Short run
EU4

DIET
Consumers preferences
Health & environment
Short run
EU3

Agricultural production

GLOBIOM
Spatial detail
Environmental
impacts
Long run
Global, grid

CAPRI
EU detail
Production detail
Long run
Global, EU, NUTS2

Foresight on Sustainable FNS

Trading off healthier diets and environmental goals?

Balanced diet



Environmental protection



Today's meeting

- The consumer perspective in sustainable food and nutrition security
- Consumer-oriented innovation pathways for fruit and vegetables



- Provide an overview of relevant nutritional indicators, and a protocol for defining the nutritional adequacy
- Define on the basis of food-based dietary guidelines, complemented with specific nutrients that are important for human health.
- Metrics for assessing the policy goal related to « Balanced and sufficient diet for EU citizens”.

European Journal of Nutrition
<https://doi.org/10.1007/s00394-018-1673-5>

ORIGINAL CONTRIBUTION



Geographic and socioeconomic diversity of food and nutrient intakes: a comparison of four European countries

Elly Mertens¹ · Anneleen Kuijsten¹ · Marcela Dofková² · Lorenza Mistura³ · Laura D'Addezio³ · Aida Turrini³ · Carine Dubuisson⁴ · Sandra Favret⁴ · Sabrina Havard⁴ · Ellen Trolle⁵ · Pieter van't Veer¹ · Johanna M. Geleijnse¹

Describe dietary intakes across 4 European countries - Data from national food surveys

Table 2 Energy-standardised food group intakes and the adherence to their corresponding food-based dietary guidelines in four European populations, aged ≥ 18 years

	Cut-offs	Denmark (<i>n</i> = 2025)				Czech Republic (<i>n</i> = 1869)				Italy (<i>n</i> = 2831)				France (<i>n</i> = 2624)			
		Mean	Median	(P25; P75)	%adh	Mean	Median	(P25; P75)	%adh	Mean	Median	(P25; P75)	%adh	Mean	Median	(P25; P75)	%adh
Foods to increase																	
Fruit, g/day	≥200	174*	133	(36.0; 255)	35%	118*	83	(12.0; 171)	20%	199*	163	(76; 275)	40%	140*	95	(0.0; 210)	26%
Vegetables, g/day	≥200	147*	112	(63; 184)	21%	95*	74	(39.0; 127)	10%	239*	206	(138; 300)	53%	187*	157	(84; 254)	37%
Legumes, g/day	≥19	6.5	1.6	(0.0; 6.7)	10%	7.5	0.0	(0.0; 3.0)	12%	11.0	0.0	(0.0; 2.4)	19%	16.5*	0.0	(0.0; 0.8)	18%
Nuts and seeds, g/day	≥15	2.2	0.0	(0.0; 0.0)	5%	2.6	0.0	(0.0; 0.0)	7%	0.5*	0.0	(0.0; 0.0)	1%	1.7	0.0	(0.0; 0.0)	3%
Dairy products, g/day	≥300	302*	248	(113; 422)	41%	134	94	(31.0; 192)	12%	129	116	(8.0; 20)	8%	199*	152	(55; 290)	24%
Fish, g/day	≥21	13.0	5.5	(0.0; 24.1)	28%	11.7	0.0	(0.0; 0.0)	17%	44.6*	6.5	(0.0; 77)	42%	34.3*	4.3	(0.0; 54)	43%

Variability between countries

Fruit : 118 to 199g/day

Vegetables : 95 to 239g/day

Dairy: 129 to 302g/day...

Low intakes for F&V ; High intakes for red and processed meats

Variability within countries: age, gender, education



Assessing the welfare, health, environmental effects of adopting dietary recommendations by consumers in France, Denmark, Finland

1. What would be the consequences on the whole diets (substitutions) induced, for instance, by a 5% increase in F&V consumption in the 3 countries?
2. What would be the health and environmental (GHGEs) consequences induced, for instance, by a 5% increase in F&V consumption in the 3 countries?
3. Would it be cost-effective to promote, for instance, a 5% increase in F&V consumption in the 3 countries?

DIET MODEL

Consumers preferences
Health & environment
Short run

EU3



Results

- **Most dietary recommendations (+ F&V, - red meat, - animal products...) would improve social welfare**
- **Healthy-eating recommendations targeting consumption of F&V, salt and saturated fat should be prioritized for promotion (=most cost-effective)**
- **Although synergies dominate, trade-offs between environmental and health occur in some cases**
- **The taste/utility costs of dietary changes imposed on consumers should be included in the welfare analysis of diet recommendations**
- **Common trends but also variability across countries due to differences in current consumption patterns, food composition and consumers' preferences (income, and own and cross price elasticities)**



Have a fruitful meeting!
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